

Banana Ice Lollies

1. Cut bananas in half, width-wise. One banana makes two lollies.
2. Insert a lollypop stick into the cut end of the banana.
3. Dip the banana in flavoured yoghurt, or juice, or coconut milk.
4. Sprinkle the banana with, or roll the banana in, the topping of your choice, e.g. sugar sprinkles, chocolate strands, rice krispies, crushed biscuits, etc.
5. Lay the coated banana lolly on a baking sheet.
6. When you have coated all the lollies you need and laid them out, put the baking sheet into the freezer for at least 3 hours before serving.